

F-Sentiero di Valle Mesolcina

Leg 02



Technical overview

Departure

>> Cama 357 m

Arrival

>> Soazza 616 m

Duration

>> 4 hours

Total Distance

>> 13,84 km

Difficulty

>> T

Elevation gain

>> 524 m

Elevation loss

>> 248 m

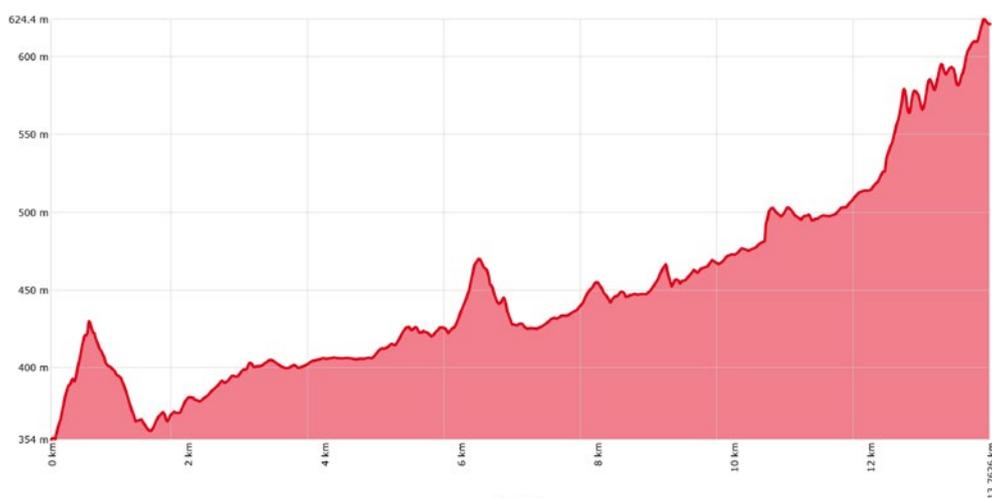
Low point

>> 357 m

High point

>> 629 m

Altimetry



Description

From **Cama** the valley's path continues to the left of the small **station** where, after crossing the tracks, we come upon a fork. We make a right and climb up on a trail in the woods, which reaches the road at a **switchback (440 m, 0.6 km)**. Here we continue on the asphalt road and head down to the right, then turn left and cross the main road and finally turn right to cross the river and head to the community of **Norantola (374 m, 1.6 km)**. As we leave behind the last houses, we take a mule track that runs alongside the river, cuts through a wooded area and finally crosses the small, gently sloping road that takes us through the meadows and to the **bridge of Sorte (403 m, 3.1 km)**. We cross the bridge and turn right, walk through the field for a short stretch, up to a small road which, once again to the right, leads to the **Rosera flood plain**, where we travel on dirt. Beyond the flood plain, we cross the cantonal road (414 m, 5 km), turn right and approach the **grotti** and the creek. Here we climb on the left and reach the parish **church of S. Giorgio (495 m, 6,3 km)**, where the road leads us downhill, across the countryside with the historic **barns of Cabié (442 m, 7.5 km)**, and the **church of S. Nicolao** in the community of **Cabbiolo (456 m, 8.4 km)**.

After Cabbiolo, the path cuts across the road, weaves around Ara and its hydroelectric plant and reaches the base of the **Boffalora waterfall**; it continues on flat land across fields and woods, just to cross again the cantonal road and then starts climbing up along the former **railway route (551 m, 12.3 km)**. The track slowly climbs to the **old station of Soazza**, where this leg ends. It is possible to arrive here also by making a detour on the left and climbing the **headland of S. Martino**, along the old **Gardanell mule track**.