

# F-Sentiero di Valle Mesolcina

## Leg 01



### Technical overview

Departure  
>> Roveredo 314 m

Arrival  
>> Cama 357 m

Duration  
>> 2 hours

Total Distance  
>> 6,83 km

Difficulty  
>> T

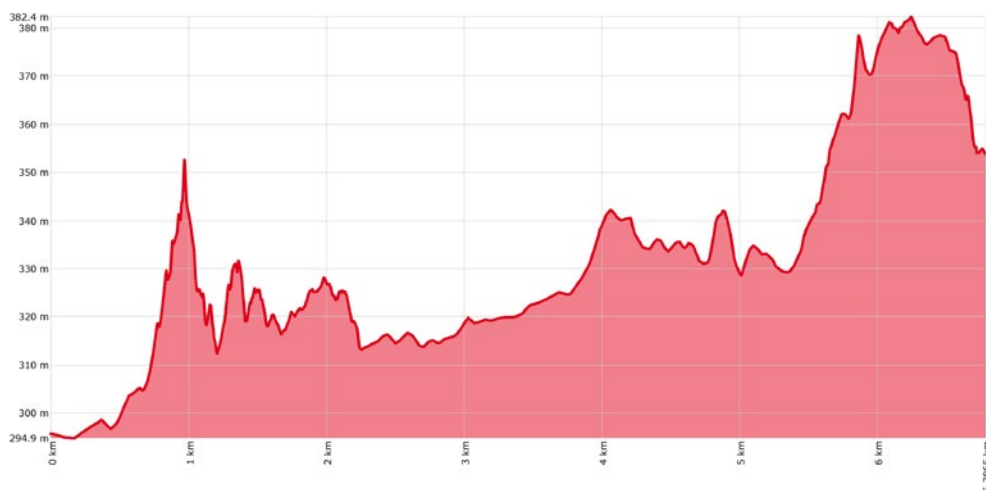
Elevation gain  
>> 115 m

Elevation loss  
>> 69 m

Low point  
>> 294 m

High point  
>> 400 m

### Altimetry



## Description

We set off by the bridge across the Moesa river (signpost) in **Roveredo** and turn on the left orographic bank, walking on the road that traces the Sentiero di Valle; we pass under the railway and turn left on a small bridge. From there we follow the road up to a **croto** (**297 m, 0.6 km**) (a small natural cave) and then, making a left, we take the mule track that soon starts climbing up on the right, into the woods and then turns into a trail. The path takes a detour in order to pass by the construction site for the Roveredo bypass and continues along the hillside by the stream. We find the road again and approach an iron bridge at the threshold of the **Pascolet flood plain (314 m, 2.7 km)**; from there we continue on countryside roads, cross the bridge over the **creek of Leggia valley**, turn right and skim the mountainside at the edge of the woods. Still on the valley bottom, we cross once again the Moesa by the village of **Leggia (333 m, 5.4 km)** and, after crossing the road, we continue on the opposite side, just slightly higher, up to a last stretch with large steps, that descends to **Cama's station**.