

# C-Sentiero del Viandante

## Leg 01



### Technical overview

#### Itinerario Variante bassa

Departure  
>> Abbazia Lariana 228 m

Arrival  
>> Varena (Vezio) 315 m

Duration  
>> 7 hours and 15 min

Total Distance  
>> 19,27 km

Difficulty  
>> E

Elevation gain  
>> 1.485 m

Elevation loss  
>> 1.388 m

Low point  
>> 206 m

High point  
>> 827 m

#### Itinerario Variante alta

Duration  
>> 8 hours and 15 min

### Altimetry



## Description

We set off from **Abbadia Lariana** and, just beyond the tunnel, nearby a set of steps, we come upon the sign of the Sentiero del Viandante; we walk up to the nearby **church of S. Martino** and along the small community of **Borbino**, then continue on to the bridge on the **Zerbo creek (275 m, 0.6 km)**. The mule track runs among the fields to the **chapel of the Madonna di Caravaggio** and the **church of S. Bartolomeo**. We take the under pass of the state highway 36 and then turn right, thus reaching the community of **Novegolo**. The path leads to the **church of S. Giorgio (263 m, 2.4 km)**, beyond which we turn right and use the overpass to cross the state highway once again; we follow a path through fields and meadows and reach the road by the cemetery of **Zana**. At the intersection we turn left and continue to **Maggiana (345 m, 3.4 km)** and, later, to the **church of S. Giacomo in Rongio (357 m, 5 km)**. We reach and cross the bridge on the Meria creek and then head to **Somana (406 m, 6 km)** and, from there we continue alongside the state highway to **Lierna** and then head to the former **Seminario Clarettiano (258 m, 10 km)** where the route breaks into two sections which will reunite at the castle of Vezio, above Varenna.

## High route option

Just before reaching the former **Seminario Clarettiano**, we follow the road on the right, which, after a small stretch, leads us to the community of **Genico (329 m, 0.5 km)** from the point where the route split). After crossing over the state highway, we climb up a strenuous uphill path with big steps, which takes us to the **Cross of Brentalone**. The path becomes more attainable, crosses the **Alp Mezzedo** and reaches the **church of San Pietro (1000 m, 3.7 km)**. After we leave behind the small village of **Ortanella (956 m, 4.6 km)**, we continue along the slopes of **Mount Fopp** towards an isolated farmstead (Alpe dei Fopp) and **Sass da Poo**. The ridge becomes narrow and leads to the Cross of Fopp and then to the **castle of Vezio**.

## Low route option

At the former Seminario Clarettiano, for a short stretch, we keep following the road on the left that leads down to **Lierna's station** and then turn right on via Ducale, which gets narrower and turns into an alley that merges into the main road, by the **beach of Riva Bianca (206 m, 1.3 km)** from the point where the route split). We turn right on the provincial road and, after a short stretch, we take the mule track with steps on the right, which leads up to **Ronco**, where the uphill hike to Coira begins. The mule track turns into a trail, goes past **Cascina di Nero (400 m, 2.4 km)** and climbs up steeply around the slopes of **Sasso della Botte** among clearings and woods, until the terrace of **Coira (750 m, 3.9 km)**; here we find a fork with a signpost. The path turns left, crosses **Vacchera valley** and descends towards the ruins of the cabins of **Roslina** and then runs parallel to state highway 36 for a stretch. We continue along the hillside until reaching the valley where the **Fiumelatte creek (340 m, 7.8 km)** flows and we end up on the road by **Varenna's cemetery**. We walk downhill until we come upon a fork with a signpost; we make a right and climb up on the asphalt road, reach a set of steps that turn into a path and arrive at the **castle of Vezio**.