

# B-Alta Via Monti Lariani

## Leg 07



### Technical overview

Departure

>> Peglio 626 m

Arrival

>> Sorico 216 m

Duration

>> 8 hours and 30 min

Total Distance

>> 26,47 km

Difficulty

>> E

Elevation gain

>> 1.757 m

Elevation loss

>> 2.173 m

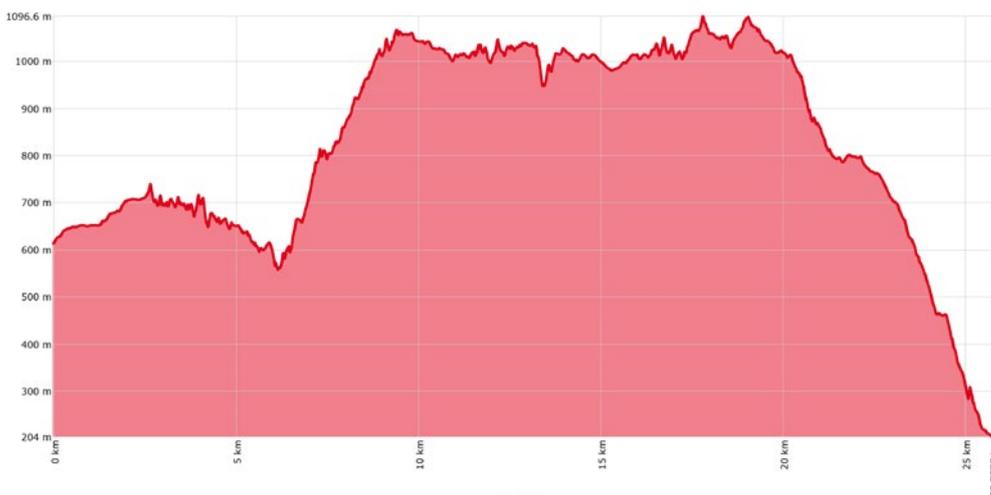
Low point

>> 216 m

High point

>> 1.136 m

### Altimetry



## Description

From **Peglio** we follow the road to **Livo**, walk past the Church of the Madonna di Goghiglio and approach the threshold of the village; there we walk on the streets, keeping left and reaching **via San Giacomo (717 m, 2 km)** with the church bearing the same name and its cemetery. The cart-way goes on with a gentle slope and leads into the community of **Dangri (689 m, 5.1 km)**. After crossing the bridge on the Livo creek, we turn right on the opposite side and, at the fork, we keep right and continue along the flat path that leads to the village of **Barro**; we climb down to the Bares creek and then climb up on the other bank and head in a small valley. After a short stretch, we come upon the **waterfall of Caurga**, we ford the creek and overcome a slope, reaching the ridge that leads to **Barro di Vercana (795 m, 7.5 km)**. We climb again in the woods and to the meadows before **Trobbio** where, at the fountain, we climb above the village and continue on the right, to **Tabbiadello**. Once we cross the cart-way that leads to **Vercana (1063 m, 10.5 km)**, we take the descending trail to the cabins of **Roncai**. For a stretch, the path follows the mule track to the Alp of Acqua Fresca, then it turns towards the **valley of S. Vincenzo**. We ford the creek nearby a spring and we keep on climbing towards **Montalto (1058 m, 15.3 km)**. We follow the uphill road, then the mule track on the left, walk across the meadows and once again reach the main road. From there we climb down, walking around Sorico valley and across the grazing lands of **Piazza Lunga**, to the community of **Fordeccia (1128 m, 19.7 km)**, where we cut across the meadows and reach the cart-way that leads down quite steeply towards the lake, passing by a few villages, among which are **Pozzi** and **Selve**; from the fountain we walk to **Corsone** and, finally, to the mule track on the right, which leads to the small **church of S. Miro** and, from there, paved stairs take us down to **Sorico**.