

B-Alta Via Monti Lariani

Leg 04



Technical overview

Departure

>> Lenno 215 m

Arrival

>> Plesio 772 m

Duration

>> 8 hours and 30 min

Total Distance

>> 21,64 km

Difficulty

>> E

Elevation gain

>> 2.093 m

Elevation loss

>> 1.519 m

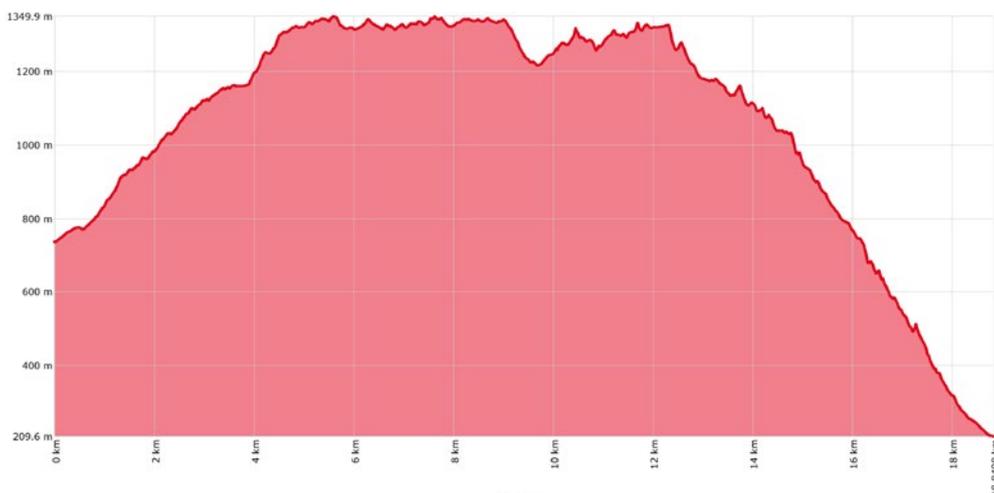
Low point

>> 215 m

High point

>> 1.218 m

Altimetry



Description

From Lenno we climb among the houses until reaching **Acquafredda Abbey (360 m, 0.9 km)**, where we turn right, hike up to 1,000 m a.s.l. and follow the road and then the mule track that leads to the villages of **Garbagnò** and **Piazza**. Just before reaching Garbagnò a **yellow trail marker (961 m, 3.9 km)** points to a path on the right; we walk on it for a short stretch and then merge onto the mule track coming from Mezzegra. Here we turn left and walk uphill to the grazing lands above **Narro (979 m, 4.9 km)**, where we take a level path on the right, through the woods, to the cabins of Mount Redendola. Among bushes and clearings, we reach the cabins of **Ossino (969 m, 6.9 km)** and continue on the path on the left, which cuts along **Bolvedere valley**. Following the steep path among the trees, we hike up and cross the ancient military road that takes us through a **tunnel** cut into the rock (**1178 m, 8.2 km**). We then head down, following the switchbacks (or a trail that cuts through them), to the **Mountains of Brente (1042 m, 9.3 km)** and, still on the dirt trail, we reach the **Mountains of Nava (854 m, 11.5 km)**. The path continues on a cart-way through the woods that descends to **Paullo (535 m, 14 km)**. We turn left at the small church and after a few metres we leave the road and cut through the woods on the right until, once again, we cross the asphalt road; here we make a right and walk to the **gate of the golf** course in the **small village of Croce (460 m, 14.7 km)**, we go through it (passage allowed) and keep right, while still descending; we walk next to a few holes and the Fontanina delle uova (Fountain of the eggs); as the path turns into cobblestone and bends to the left, we turn right and head to another gate, from which we leave the club. At the end of the short dirt cart-way, we turn left onto the asphalt street that leads to the state highway and reach the small residential area of **Cardano** (Grandola e Uniti). Along via Carlo Galbiati we find once again the Via dei Monti Lariani and follow the main road that climbs up to Codogna. We pass by the **Town Hall (458 m, 16.6 km)** and turn right towards Sanagra creek, which we reach by climbing down a few switchbacks until we find an **agritourism with trout farming (429 m, 17.2 km)**. The path now follows the mule track, which climbs steeply to the pietra pendula of Barna (a glacial erratic). We walk through the village, passing by the **church of Maria Maddalena (574 m, 18 km)**, and we reach the last houses on a small cobblestone path; from there we follow a path in the woods, known as dello "stron", which leads across the clearing of the **Mountains of Dosso della Chiave** and leads to the community of **La Piazza** nearby the small **chapel "del Bergum" (786 m, 19.4 km)**. We walk on a wide mule track for a short stretch and then take a path that leads to the lower area of the village of **Prato Sella**. We leave behind its houses and climb down to **Magiono**, cross the **Spring of Troi** and, with a last stretch along the hillside, we reach the village of **Breglia**, final destination of this leg.